

## OUR TEAM OF BOARD CERTIFIED PHYSICIANS

### **Richard L. Weinstein, MD**

*Executive Medical Director  
Endocrinology and Internal Medicine*

### **Leonard Chuck, MD**

*Co-Medical Director  
Internal Medicine*

### **Mark Christiansen, MD**

*Co-Medical Director  
Endocrinology*

### **Lambert H.K. Chee, MD FACC**

*Cardiology*

### **Helen Lee Stacey, MD**

*Internal Medicine*

### **Michael Stein, MD**

*Neurology*



## **Dr. Richard L. Weinstein**

*Founder*

### **Diablo Clinical Research**

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*diablocinical.com*

## About Diablo Clinical Research

Diablo Clinical Research is an independent research site located in Walnut Creek in the San Francisco Bay Area. Our site has conducted over 600 studies involving potential new medications and devices for a variety of health conditions. With a patient database of 12,000 and growing, we are able to draw from a broad range of people to participate in and benefit from our studies. We provide top quality care for our patients and reliable data to our pharmaceutical sponsors.

## Our Founder

Dr. Richard Weinstein, our founder and medical director, built our research clinic from his private endocrinology practice of over 30 years. Dr. Weinstein is board certified in endocrinology and internal medicine and has been involved in clinical trial research since 1995. He now serves as principal investigator in multiple therapeutic areas for both drug and device studies including glucose control, cholesterol, obesity, osteoporosis, arthritis and more. A leading expert in endocrinology, he lectures in the areas of diabetes and osteoporosis at local and national meetings.

## Our Medical Staff & Studies

Our caring and efficient staff of board certified physicians and professional research coordinators has over 75 years of collective research experience. Our physicians, or clinical investigators, come from many areas of expertise including endocrinology, cardiology, internal medicine, and psychiatry. Our growing staff includes certified research coordinators, registered nurses, laboratory technicians, phlebotomists, dieticians, regulatory specialists, and a dedicated marketing and recruitment team.

Each research study we conduct is performed in accordance with the International Conference on Harmonization of Good Clinical Practice (ICH-GCP) and Food & Drug Administration (FDA) standards. We support the research work of all major pharmaceutical companies as well as many small biotech companies.



## Our Mission

*Diablo Clinical Research is committed to advancing health through medical research & community service.*

## Our Values

### ▲ Excellent Patient Care

*Provide patients with high quality health care in a comfortable, professional and confidential environment*

### ▲ Valuable Study Data

*Present accurate and timely data to our sponsors*

### ▲ Community Health Education

*Educate our community and assist pharmaceutical companies in bringing new and better health care products to market*

## Facility Information

*Diablo Clinical Research conducts Phase I-IV clinical trials.*

### Phase I

Our dedicated in-patient, overnight Phase I unit opened in 2004, adjacent to our Phase II-IV outpatient facility, and is part of our expanding research capabilities. Our facility specializes in Phase IB studies where the medication is being tested in the target population. Areas of study include metabolic syndrome, diabetes, cholesterol, obesity and high blood pressure. Examples of studies involving the newest research in diabetes include islet cell regeneration and preservation, device studies, and new anti-diabetic treatments focusing on type 2 diabetic complications including glucose control, cholesterol reduction, water retention, and weight gain.

### Phase I Facility:

- 1,500 sq. ft. clinical facility
- State-of-the-art equipment
- Dedicated, licensed staff
- Locked drug storage room with built-in locked cabinets
- Patient kitchen/eating room
- Private patient bathroom
- Designated monitoring space with multiple Internet access lines

### Phase II-IV

Our Phase II-IV unit has been in operation since 1995 and specializes in outpatient studies of treatments for diabetes and its related complications: metabolic syndrome, cholesterol, obesity and high blood pressure. Our studies also include musculoskeletal conditions including osteoporosis, arthritis and fibromyalgia, as well as men's/women's health and depression/anxiety studies.

### Phase II-IV Facility:

- 6,000 sq. ft. clinical facility
- 4 exam rooms
- Pulmonary Function Testing (PFT) room
- Dual-energy X-ray Absorptiometry (DXA) room
- Dedicated monitoring space with multiple Internet access lines
- Locked drug closets
- Conference room
- Kitchen
- Archive room

## Diablo Clinical Research

### Phase I-IV Clinic Equipment:

- On-site specimen collection and processing lab
- Thermo Centra CL3r refrigerated centrifuge
- -20° & -70° freezers (temperature monitors with alarm)
- NuAire Luminar FlowHood for drug preparation
- Drug refrigerator
- Welch Allyn AED 20 machine
- Welch Allyn Propaq LT continuous cardiac monitor
- Welch Allyn CP10 Electrocardiogram machine
- Welch Allyn Automatic Blood Pressure machines
- Hologic Delphi 4500-W DXA machine
- Hologic Sahara Clinical Bone Sonometer
- Collins CPL Pulmonary Function Testing machine
- Cholestech LDx lipid & hepatic analyzer(s)
- Bayer DCA 2000+ HgbA1c analyzer
- Bayer Clinitek urine analyzer
- Medoc TSA-II NeuroSensory analyzer
- Atomic clocks
- Calibrated scales
- .5 mile to hospital with ultrasound, mammography, X-ray, nuclear medicine, CT & MRI imaging techniques, and eye lab

## Community Outreach Program

Serving the community's health needs through education and outreach programs is an essential component of our health care philosophy. We offer both free and low cost health screenings at community events throughout the San Francisco Bay Area and at our facility. These outreach services include participant test results and consultation in such areas as bone density, blood pressure, cholesterol, C-reactive protein (CRP), HbA1c (diabetes) and more. As part of the Outreach Program, we also offer health education in a quarterly newsletter, which we provide to our patient database, community groups and anyone requesting a copy.

## Physicians' Alliance

Diablo Clinical Research has created a network of specialists in our community who work with our site on studies in their area of expertise. This alliance consists of board certified physicians in the areas of cardiology, nephrology, neurology, obstetrics/gynecology, ophthalmology, psychiatry, pulmonology/sleep specialty and rheumatology.

These doctors are involved as principal investigators, sub-investigators, or consultants on studies as appropriate. They are committed to our clinic and the clinical research conducted at our site.

## Frequently Asked Questions

### Q: *What is a clinical research study?*

A. A clinical research study, or clinical trial, is a scientific study that tests potential new or investigational medical treatments, drugs, or devices. Research studies also test new uses or comparisons of known medications. Pharmaceutical companies sponsor most studies, and all must be approved by an Institutional Review Board (IRB) and by the Food & Drug Administration (FDA). Qualified doctors, nurses, and medical researchers conduct clinical studies.

### Q: *Why participate in a clinical research study?*

A. Participating in a research study today could help bring new and innovative health care products to market. Your involvement may contribute to a healthier, more productive life for you and for generations to come.

You will have access to education and medical care that is provided free of charge and often includes physician evaluations, extensive laboratory testing and other specialized testing for your condition. During a clinical study, our medical staff closely monitors your health to ensure you receive the highest quality care.

### Q: *How do I participate in a clinical research study?*

A. If you are interested in volunteering for a study or discussing your next clinical research project, please contact us today:

**Phone: (925)930-7267, Fax: (925)930-7392**

Email: [studies@diabloclinical.com](mailto:studies@diabloclinical.com)

Online: [diabloclinical.com](http://diabloclinical.com)

“One of our goals is to help you make an educated decision about participating in a clinical trial. Your involvement is a great way to play an active role in your own health care and could advance global health for you and future generations.”

Dr. Richard L. Weinstein  
*Medical Director*

## Areas of Study

Diablo Clinical Research conducts research studies in many therapeutic areas:

- Arthritis
- Cholesterol
- Chronic Pain
- Diabetes
- Disease Prevention
- Fibromyalgia
- Gastrointestinal Disorders
- Heart Disease (Cardiology)
- High Blood Pressure (Hypertension)
- Men's Health
- Neuropathy
- Obesity/Weight Loss
- Osteoporosis
- Sexual Dysfunction
- Women's Health